

EUCALYPTUS

Refreshing and invigorating. Clears blocked sinuses and soothes minor headaches, sore throats and coughs. Helps to maintain good attitude and outlook. Decongestant, antiviral, antiseptic, good for burns and muscular pain. Blends Well With: cedar, clary sage, frankincense, lavender, orange, peppermint, rosemary, tea tree, & ylang ylang.

LAVENDER

Relaxes and calms. Relieves depression. Helps to bring dry hair and skin back to life. Great for muscular aches and pains. Helps relieve IBS and stomach cramping. analgesic, antibiotic, antiviral, relieves menstrual pain and acne. Blends Well With: lemon, eucalyptus, rosemary, tea tree, peppermint, grapefruit, cedar, & lemongrass.

LEMONGRASS

Uplifting scent. Antispasmodic - used for asthma, bronchitis, & throat infections. Improves circulation, lowers blood pressure, lowers the level of blood sugar and helps to remove toxins from the blood. Relieves arthritis and rheumatism symptoms. Blends Well With: cedar, grapefruit, lavender, lemon, orange, patchouli, tea tree, & ylang ylang.

PEPPERMINT

When ingested helps improves appetite, helps eliminate flatulence, nausea (also caused motion sickness), indigestion, diarrhea, stomach pains & helps to break up gallstones. Relaxes and helps to relieve menstrual cramps. Blends Well With: basil, pine, lemon, geranium, rosemary, tea tree, lavender, eucalyptus, grapefruit, & black pepper.

SPEARMINT

Cool and refreshing, keeps body temperature down and relieves stress. Helps to focus and think clearly. Relaxes muscles and is helpful in the treatment of asthma. Blends Well With: lavender, orange, grapefruit, rose, & chamomile.

ORANGE

A warm, uplifting, light-hearted scent. Balances and revitalizes, dispels gloom, fights depression and banishes apathy. Awakens creativity, promotes self-awareness. Diminishes water retention and helps in the treatment of PMS. Blends Well With: cinnamon, clove, eucalyptus, geranium, ginger, grapefruit, lemon, & ylang ylang.

VANILLA

Sweet and sensual. Increases appetites and slows down your heart. Great for calming nervous individuals. Balances 1st chakra. Helps with impotence, frigidity and sterility. Blends Well With: clove, cinnamon, & all citrus notes.

CINNAMON

Increases alertness & helps clear thinking Stimulates menstrual flow. Male aphrodisiac and stimulant. Increases sex drive in men. Helps alertness and concentration. Blends Well With: clove, nutmeg, ylang ylang, mandarin, orange, lemon, grapefruit, benzoin, litsea cubeba (may chang), rose maroc, bay, bergamot, coriander, cardamom, frankincense, geranium, ginger, lemongrass, marjoram, patchouli, & petitgrain. Smells like a sweet summer garden. Great for memory recall. Relaxes muscles and helps people with sleep disorders. Blends Well With: jasmine, neroli, geranium, lavender, clary sage, sandalwood, lemon, chamomile roman, mandarin, ylang ylang, petitgrain, vetiver, bergamot, patchouli, & benzoin.

WINTERGREEN

Relaxes and refreshes, combats depression, and helps relieve migraine headaches. Helps to lower blood pressure and gives the body a cool feeling. Removes toxins from the blood. Blends Well With: basil, pine, lemon, geranium, rosemary, tea tree, lavender, eucalyptus, grapefruit, juniper, cypress, black pepper, niaouli, & ravensara aromatica.

CHERRY

Sweet and uplifting for the mind and spirit. Great for memory recall. Used for sleep disorders. Female aphrodisiac and stimulant. Relaxes you in social and stressful situations. Blends Well With: cinnamon, clove, coriander, frankincense, geranium, ginger, grapefruit, juniper, lemon, patchouli, jasmine, ylang ylang, & rose.

ALMOND

Appetite suppressant. Diminishes cravings for sweets. Increases slow metabolism and heart rates. Energizing and great for people who want to lose weight. Blends Well With: cinnamon, clove, coriander, frankincense, geranium, ginger, grapefruit, juniper, lemon, patchouli, jasmine, ylang ylang, rose maroc, & rose.

GRAPEFRUIT

When inhaled induces euphoria. When ingested helps with gall bladder problems. Great digestive aid. Used topically, it's a lymphatic stimulant and helps reduce water retention. Blends Well With: ginger, clove, ylang ylang, lavender, geranium, rosemary, peppermint, eucalyptus, frankincense, & patchouli

LIME

Helps with bronchitis and depression. Strong mood elevator. When used as a topical, it works as a wonderful astringent. When ingested, helps with liver pain and stomach cramps. Blends Well With: EVERYTHING!

LEMON

Stimulates the immune system. As a topical, used to diminish corns, warts, bleeding gums. Great for the digestive and circulatory systems. Energizing and uplifting. When ingested works as a liver stimulant and cleanser. Blends Well With: EVERYTHING!

CEDAR

A "woody" aroma when inhaled is good for treating bronchitis and cartarrh. Also used as a topical to help with cystitus, urinary infections. A great aid in the removal of body fat. Blends Well With: bay, bergamot, cardamom, chamomile roman, clary sage, cypress, eucalyptus, frankincense, geranium, grapefruit, juniper, lavender, marjoram, orange, neroli, palmarosa, petitgrain, rosemary, sandalwood, & ylang ylang

ROSEMARY

Powerful mucolytic & endocrine equilibrator. Helps to regulate hypothalmic, pituitary, and sexual glands (ovaries, testicals). Helps bronchitis, asthmatic bronchitis, viral infections, nervous fatigue and depression. Blends Well With: lemon, lavender, peppermint, tea tree, thyme, grapefruit, cedar, eucalyptus, & frankincense.

TEA TREE

When inhaled acts as a powerful energy stimulant. Helps ward off influenza. As a topical, works great on infections, skin cancer, staph and strep infections, tinea acne / pimples, cancer, chicken pox, cold sores and dental abscesses. Blends Well With: basil, bergamot, black pepper, lavender, rosemary, lemon, chamomile roman, chamomile german, eucalyptus, peppermint, & thyme

CITRUS PARADISE

A custom blend of Sandlewood, Lavender, Clary Sage, and Cedar.

APHRODISIAC

A custom blend of Lemon, Lime, Jasmine and Thyme.

FLORAL WONDER

A custom blend of Jasmine, Rose, Ylang Ylang, and Patchouli.

ANXIETY RELIEF

A custom blend of Ylang Ylang, Rose Bergamont & Clary Sage.

COLD & SINUS

A custom blend of Marjoram, Jasmine, and Frankincense.